

2017 Educational Program Topics

FREE for Community and Professionals

* Denotes CE Approved Programs



Learn ■ Make Choices ■ Protect

Estate Planning

Topic	Description
*Advanced Directives: Important Documents for Your Life	When the unexpected happens, having advanced directive documents in place can make a difference in getting the care and treatment you want and need! Learn about the different types of advanced directives, which ones you need and what you need to consider!
*Celebrity Estates: Learning from the Good, Bad and Ugly	Money can't buy everything! Learn how those who could have had the best estate plan, missed the boat in protecting their financial and personal assets. Learn how a proper estate plan can protect what really matters even if you aren't a celebrity.
* Digital Estate Planning	From iTunes to Shutterfly and everything in between, even the 70+ crowd has digital assets! The rules about owning and transferring assets in the digital world are very different than the brick and mortar of yesterday. Join us as we define digital assets, and more importantly, what do we do with them at the time of our death or disability.
* P.O.L.S.T. vs. D.N.R.	POLST, Advanced Directives, DNR—If you are confused about the relationship between each of these documents, you are not alone. Even intelligent and competent clinicians, including first responders, hospice staff and nursing home staff, have many misunderstandings about the use of the POLST form. This workshop will help you to understand the relationship between a Power of Attorney and a POLST form, and when each is appropriate for patient completion.



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Estate Planning

Topic	Description
*Religion & Cultural Diversity <i>(Available June of 2017)</i>	The major religions of the world have differences as well as similarities when it comes to end-of-life issues. We'll compare and contrast decision making, burial and remains, organ donation, and so much more in this presentation.
*Trust University: All the Trust Questions You Were Afraid to Ask	Learn about the different types of trusts, their role in estate planning, and if you need one. Depending on your estate planning goals, particular trusts may be the tools you need to protect what really matters.

Long Term Care Planning

Topic	Description
*Medicare Coverage Issues <i>Observation & The "Improvement" Myth</i>	When our loved ones go to the hospital, we used to assume that the fancy gown meant they were admitted. However, Observation Status means that we can no longer assume admission to the hospital has occurred. In addition, when admitted to the nursing home for rehabilitation, we are often told that we must improve in order to receive Medicare benefits. The Jimmo vs. Sebelius settlement changed this Medicare "Improvement" Myth but patients are not always aware of their rights. Join us to discover how Observation Status and the Jimmo ruling can help you in your recovery!
*Protecting Your Assets from the Cost of Long Term Care	You need care, we've got options! Get a better understanding of long term care needs and costs, and up-to-date planning options to protect your hard earned dollars. This presentation includes the Medicaid Asset Protection Trust (MAPT) planning strategies and the Veterans Asset Protection Trust (VAPT).
*What is Your Plan B?	Plan A usually includes spending our last dollars and dying in our sleep, but Plan A rarely happens so it makes sense to have a Plan B just in case. Plan B might include getting care in our homes, moving to a nursing home or anything in between . Join us to learn about how to develop your own Plan B and to maximize your goals.



Care Coordination

Topic	Description
*Cultural Diversity in the Workplace	Being sensitive to the needs of patients goes well beyond their healthcare. Understanding the cultural needs of clients and coworkers can create understanding, which in turn can optimize health and healing. Join us to learn pitfalls of cultural misunderstandings and how to become inclusive to all those you meet in your workplace.
*Dementia Types: Development, Differences & Diagnosis	Dementia also has a way of never touching just one person, taking over the mind of the sufferer and the life of the caregiver, one subtle backward step at a time. But, there is hope! Whether your life is touched by dementia or not join us for this very informative workshop covering the development, differences, and diagnosis of this progressive disease.
*MMAI & MLTSS	Illinois' Medicaid system has recently changed. These changes effect "dual eligible" - those on both Medicare & Medicaid. Learn more about these changes, specifically MMAI (Medicare-Medicaid Alignment Initiative) and MLTSS (Managed Long Term Service & Supports).
Modern Medicine & Living the Life You Choose	Modern medicine has transformed birth, injury and infectious disease from harrowing to manageable. When it comes to aging and death, which is inevitable for us all, the goals of medicine can run counter to the interest of the human spirit. Join us as we explore ways that a person's last weeks or months may be rich and dignified.
The Conversation: End of Life Issues and You	Have you had the conversation with your loved one? Have you thought about what matters most to you at the end-of-life? Death, while inevitable, is one of the most difficult things for most people to talk about. However, when it comes to end-of-life care, one conversation can make all the difference. Join us as we explore issues you may want to consider in your own conversation.



Guardianship

Topic	Description
Mental Health Issues <i>(Available December 2017)</i>	Advocating for your loved one? Mental health issues are neither easy nor glamorous, but it must be done. Learn about surrogate decision making, as well as and mental health treatment and issues in Illinois.
Guardianship vs. Mental Health Court <i>(Available December 2017)</i>	Families seeking to help their loved one with a mental illness need to understand the difference between the roles of the guardianship court and mental health court. Helping your loved one is not easy, but it can be done.
*Who Needs a Guardian Angel? When Is Guardianship the Right Choice?	This program explains all about guardianship. You will learn about the different types of guardianship and the responsibilities of each, basic requirements to become a guardian, goals, authority, rights of the respondent and alternatives to guardianship. Choosing a guardianship is costly, but it is the right choice in some situations.

Special Needs Planning

Topic	Description
*Special Needs Planning and Public Benefits	If you know someone who is disabled, join us and learn how special needs planning strategies incorporating education, personal care, advocacy and protection, can maximize quality of life and protect the disabled from exploitation. You will leave with a better understanding of special needs trusts and public benefits available for the disabled.